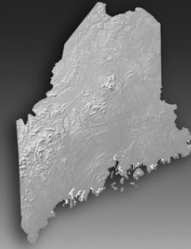


Caring People Make a Difference
MAINE NEWS
A Statewide Publication for Maine Social Workers



NASW Maine Chapter Newsletter

Red Cross and NASW—A Special Relationship

By NASW Maine Chapter Executive Director Susan Dore Lamb

The American Red Cross and NASW have had a long-standing relationship of cooperation and Red Cross has recruited volunteers from NASW for disaster relief on many occasions. Here is a story of one Maine social worker who volunteered for the Red Cross in one disaster—and can't wait to do it again. Gloria Giroux is a LCSW whose work gives her summers off. In her regular work week she teaches social work at the University of Maine in Augusta and also consults for York County. She had volunteered for her local Red Cross to assist victims of fires with identifying resources to get their lives back together. She told me it was fairly common for renters to forgo apartment insurance, and that multi-family fires can leave several families with nothing and no resources to put their lives back together. She said that her listening skills learned as a therapist are her most valuable assets when called upon to do this work locally.

Gloria became interested in working in national disaster relief after speaking with Jan Frost, who recruits for Red Cross volunteers here in Maine (and is also a social worker). She took the extra trainings to be qualified to volunteer and she was called up for the floods in Minot, North Dakota last summer. She left for Minot with three-day's notice and was housed in a dormitory with another social worker, who was her supervisor during her 2+ week stay.

Gloria said that the Red Cross needs licensed social workers with an LCSW for these deployments. She worked from 8 a.m. to 8 or 9 p.m. every day that she was there, mostly doing mental health assessments, evaluations and referrals to local and federal resources. She was actively engaged with personnel from FEMA. She also worked in kitchens and served meals at the shelter. Her shelter originally had 100 flood victims in it, but was suddenly expanded to 300 when another shelter for 200 people lost power in the aftermath of the floods. She noted that rather than subsiding over time, disaster relief efforts often have to grow. People will initially be taken in by relatives and friends, but eventually, a house meant for 5 cannot accommodate 20, so these folks end up going to a Red Cross shelter a week or two into the disaster.

Continued on page 2

In the Next Issue:

A Legislative Update from the State House
News on Registering for the Annual Conference
News you can use from National
Election nominations for the Maine Chapter Board
Interview with a University of Maine NASW student running for the National Board
Details for Social Work Day at the State House

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She met many people who had lost everything when she went out with Emergency Response Vehicles. Initially they would see one or two folks, perhaps dressed in hazmat suits because of bacteria from sewage backups. After a few minutes, other folks would come out of flooded homes and start telling their stories. They often wanted to show her their homes that were partially submerged in water. People often went back to try to recover family heirlooms. She said that kids of all ages would come to get the stuffed toys that were meant for young children, because to a teen who has lost everything, even a stuffed bear is of some comfort.

Gloria said that local stores and organizations that had not been flooded donated items and food to the shelters. Tent cities would pop up in dry fields and it was up to the Red Cross to bring in food, water and the most popular item—hand sanitizer.

Gloria said that because the local hospital was flooded they had to set up a field hospital in a school that still had power. Nurses and doctors reported for duty there and she made several referrals for medical attention to the field hospital.

If you are interested in volunteering with the American Red Cross, either locally, or in other states, please contact Jan Frost LCSW at janlfrost@aol.com for details on training and volunteer opportunities. Red Cross training is both provided and required.

Photo from the press conference announcing Equality Maine had collected almost twice the signatures needed to put marriage equality on the November 2012 ballot. NASW supports marriage equality for gay and lesbian couples in Maine and nationally. This Press Conference was held on Thursday, January 26, 2012 at the Visitors Room in the State House just prior to delivering the signed petitions to the Secretary of State.

Photo:

Laura Harper,
Director of Public
Policy, Maine
Women's Lobby,
Betsy Smith,
Executive Director
of EqualityMaine,
Susan Lamb,
Executive Director
of NASW Maine
Chapter

(Boxes in the
background hold
thousands of
signatures by
Maine voters).



Capital Initiative

Leadership Represents NASW Maine & Mental Healthcare Professional by Testifying at State House During Supplemental Budget Hearings

On Wednesday December 14th the NASW Maine Chapter joined hundreds at the State House in Augusta to rally and testify in opposition to Governor LePage's budget cuts. Many social workers were in attendance and several testified before the Committee on Appropriations and Financial Affairs. LD 1746, which proposes policy to eliminate health care coverage for approximately 56,000 people with low-incomes, reduce eligibility for working parents, reduce or eliminate services and prescriptions for the elderly, and eliminate coverage for childless adults.

NASW President-elect Sue Bartlett LCSW, CRC (pictured in photo) took valuable time out of her busy schedule in order to advocate for individuals with traumatic and acquired brain injury. Sue urged the legislature not to abandon residential rehabilitation that requires multi-faceted coordinated care. Bartlett said, "With clinical treatment, people can regain their independence. I believe they deserve access to this care," Bartlett went on to say, "Those living in brain injury PNMI are currently living in the most cost effective settings within which they are able to successfully function."

Loren Andrews, LCSW, delivered a powerful message to the Appropriations Committee that the legislature should take a long hard look before creating a major policy shift through the budget. "This could be discussed over time, not two weeks before Christmas. Savings can be made in other ways in other ways," stated Andrews.

Testimony was delivered by almost 200 people over several days. As of the end of January, LD 1746 is still in work sessions with the Appropriations Committee .



Pictured are Loren Andrews, LCSW and Chair of the NASW Legislative Action Committee and the NASW President-Elect Sue Bartlett, LCSW, CRC in the Maine State House Hall of Flags after testifying in opposition to Governor LePage's Supplemental Budget Proposal.

Open a new practice in a respected professional center in downtown Brunswick, Maine.

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dorothyc_98@yahoo.com

NASW News You Can Use From National

Social Workers and Skype, Part I

By Sherri Morgan, Associate Counsel, LDF and Office of Ethics and Professional Review
and Carolyn I. Polowy, NASW General Counsel

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Introduction

Social workers are increasingly using electronic communications technologies to expand and refine their practices, including psychotherapy performed via videoconferencing, and this has raised many questions about professional social work standards. Use of videoconferencing technology in mental health service delivery is variously referred to as “telepsychiatry,” “telemedicine,” “telemental health,” “e-therapy,” “distance counseling” and other terminology. One of the most widely available videoconferencing technologies is an online service and software program known as Skype. Its wide acceptance as a consumer technology has made telemental health services readily available for clients in their own homes and for solo and private practice clinicians without a burdensome investment in new technology. This first of two articles will review some of the emerging legal and professional issues involved in the use or potential use of Skype or similar technology as a communications modality for clinical social work assessment and treatment of clients. Part II will review legal cases and statutes, including state social work licensure.

Background

Six-hundred and sixty-three (663) million registered users of Skype services were reported by the company in corporate filings covering 2010 (Skype, 2011). An uncounted segment of these were mental health professionals and their clients, engaged in interactive psychotherapy sessions. Information about the conduct of distance counseling via Skype is widely reported client health/mental health information and when such sessions are conducted by providers who are subject to HIPAA, then HIPAA standards would apply.

Does HIPAA Apply to Skype Sessions?

A key to answering any HIPAA question is first determining whether or not the practitioner is subject to HIPAA. Is the clinical social work practice billing any clients’ health insurance electronically (or using a billing service that submits claims electronically)? If so, then HIPAA applies to all of the social workers’ confidential client information, even for those clients who self-pay.

The HIPAA privacy and security standards apply to healthcare providers who conduct electronic claims transactions with third-party payers (45 CFR § 160.103). Thus, clinical social workers or other health care providers who bill clients’ health insurance electronically are considered “covered entities” subject to the full panoply of HIPAA requirements. Covered entities are responsible to ensure compliance with HIPAA when they create, store, maintain or transmit clients’ individually identifiable health information (also known as “protected health information” or PHI). If covered entities conduct electronic claims transactions for any clients then those entities are subject to the HIPAA requirements, which would likely include Skype transmissions conducted by those practitioners. Skype psychotherapy sessions (and sessions conducted via other forms of videoconferencing) contain confidential client health/mental health information and when such sessions are conducted by providers who are subject to HIPAA, then HIPAA standards would apply.

Does Skype Technology Meet HIPAA Standards?

To read the article *Skype Part I* article in its entirety, please visit:

https://www.socialworkers.org/ldf/legal_issue/2011/112011.asp

Announcing Changes to the Annual Conference for 2012

The Annual Conference Committee is chaired by Cathleen Dunlap (cathy@maine.edu) and has held its first organizational meeting this month. The Annual Conference will be held in October 2012, at a location to be announced in the March Maine Chapter NASW Newsletter. There are changes that the Annual Conference Committee has already made to rates and program offerings.

1. Because of declining membership in NASW (a nationwide problem, attributable to an aging demographic and the recession) we have had to restrict reduced fees for unemployed, retired or disabled to NASW members only. All other non-members who wish to attend the Annual Conference will have to do so at the full registration rate. This was a difficult decision, made years after many other state chapters had switched to a “members only” reduction in rates.
3. There will continue to be two tiers of registration for social work students: a lower rate for student members of NASW and a higher rate for non-members.
4. All attendees will be signing up for the meals as part of their registration. While we will do all that we can to accommodate special dietary restrictions, there will be no reduction in fees for missed meals.
5. We will offer a “meals only” plan for guests of attendees. Guests may attend the classes only if there is room, but they will not receive any continuing education credits.
6. Exhibitors will be given the opportunity to sign up for meals with attendees.
7. The conference fees for our presenters has changed. See the Request For Proposals in this Newsletter (page 9) for details.
8. The optional pre-conference session (2CEs) on Thursday night is billed at the time of registration. Please note that this continuing education opportunity is completely optional, but you must attend the dinner in order to receive the credits.
9. **Rates will otherwise remain the same as last year.**
10. To qualify for the Retired Rate, an NASW member must not be working, even part-time.

Thank you for your understanding!

CE Classes ~ Call for Proposals

The Maine Chapter of NASW is seeking proposals for CE course offerings in the following topics over the next six months:

- Cognitive Behavioral Therapy
- Trauma
- Family Therapy
- Grieving
- Ethics topics

Please send your course proposals for 3 to 6 credits to the NASW Maine Chapter office along with your proposed fees and your CV. Plan to offer your class on Fridays or Saturdays. Initial locations are in Portland, Bangor and Augusta.

NASW-Maine Chapter Volunteer Leadership

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mainstreet@fairpoint.net

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kmlane@roadrunner.com

Annual Conference

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Continuing Education

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Nancy Webster

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Interested in volunteering?
Contact the chapter office at:
naswmaine@naswmaine.org

President Gail Wright at:
Gail.wright2@va.gov

Susan Dore Lamb Executive Director

The Birth of an Activist

A remarkable thing happened this past month, and I wish I could take credit for it, but I can't. Many of you read the email alerts I sent to NASW membership about the Governor's proposals to cut the DHHS budget in mid-December. This is known as the first supplemental budget (there will be others to follow), and it is intended to address a \$220 million plus shortfall in the state budget, exclusively within the DHHS. All of it due to a combination of underestimating the costs of programs and overestimating the savings within the DHHS in the budget put together last spring.

The Governor considers this a DHHS shortfall exclusively and wants all of the cuts to come from DHHS only, with no consideration of whether or not there are savings in other parts of Maine's budget that could be applied. The resulting proposal seeks to eliminate Mainecare for over 65,000 Maine people, cut subsidies for medications for the elderly and...We'll I've outlined all of this for you in December emails. Hearings were held in the weeks before Christmas and the Appropriations Committee is just now in the process of attempting to build a budget that will book the needed savings. All of these cuts will be painful for your clients who are low-income, and many of them will result in layoffs of social workers as social service agencies receive less state funding. That is not the remarkable thing. In fact, that news is pretty dismal.

The remarkable thing is that one member of NASW decided that this was just an intolerable proposal and that she was going to do something about it. Jennifer Lunden is a social worker in Portland, and though she was on the Legislative Action Committee last year, this year she Resigned from the LAC, wanting to devote more time to building her agency, the Center for Creative Healing.

What Jennifer did was to start an online petition in opposition to the proposed cuts. Her petition went "viral" and as of this writing she has over 9000 signatures. We've been in touch while she was doing this, and I circulated it to NASW membership at her request. If all of our members signed, that would account for 1300 of the signatures. However, I can assure you that all of our members did not sign. What about the possibility that Jennifer is a political activist?

Well, until now, she wasn't. She hadn't even been to the State House prior to her petition drive. Jennifer gathered more signatures than most political organizations with staff and extensive contact lists can put together in a short (3 week) time span. What if every social worker in Maine signed? Well, now you have half of the signatures. But if you read the petition, most signers are not social workers or even Mainecare recipients for that matter. They are just regular folks, going about their business.

Continued from page 9 ...

I had the opportunity to assist Jennifer take her petitions to the State House, so I read some of the comments within the 900+ pages. Occasionally, I read a signature with sad comments, like the one from the man who said he had a transplant and without anti-rejection medications that Mainecare was covering, he would die-not easy reading. But, for the most part, signers just believe that in these trying times, we shouldn't abandon our neighbors. There were a few angry people who signed and were pretty hard on the Governor, and there were a few non-Maine residents, but overall, it's the voice of many reasonable Maine people.

I have to say that it is both heartwarming, and heartbreaking to take an hour to read the comments that signatories made. And, the petition made a difference. Jennifer delivered it to Representative Patrick Flood (he's the House Chair of Appropriations) at the State House last week. Rep. Flood was 2011's NASW Legislator of the Year. In accepting the petitions he was very gracious and indicated that he would share them with the full committee, which he did shortly after we left. When he told Jennifer that some changes would be made, and others would not, he asked her if there was any particular thing that stood out for her.

Jennifer had an answer to that question. She made a specific request. She said that one of the proposals called for removing coverage for foster kids who were over 18 and had "aged out" of the system. Jennifer told Rep. Flood, that since these kids, once they were out of foster care had to deal with their issues of abandonment, and since every foster kid in Maine is by definition a trauma victim, it would be great if the state could keep them covered for therapy and medical care while they struggled to put their lives together.

Afterwards, I asked Jennifer if she had a lot of former foster kids in her practice. "Not one," she said, "but when I read this part of the bill I was shocked. The state has removed these kids from neglectful, harmful or dangerous families and now that they are eighteen, their foster care support system is gone. I know trauma when I see it and this is it."

Jennifer has gone on to do another petition, this one asking legislators to consider taxing the wealthy more to cover needed Mainecare insurance. What's so remarkable? This month, I have witnessed the birth of an activist and she is already very powerful.

Susan Dore Lamb, Executive Director, NASW Maine Chapter

April 4th, 2012

SAVE THE DATE

NASW Day at the State House

The Maine Chapter of NASW will hold our Social Work Day at the State House on Wednesday, April 4th, 2012 from 8:00 a.m. to 12 noon. We offer a light breakfast for legislators and social workers, tours of the State House, an update on issues and a lobbying crash course. We encourage you to meet with your House and Senate members that day. We anticipate hundreds of social work students and are seeking volunteers.

President's Column, Gail Wright, LCSW

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Private Practice in Social Work has many challenges and obligations. One of the most challenging is closing the private practice either voluntarily through retirement or life style change, or involuntarily because of incapacity or death. Things that need to be considered in closing a practice include client notification and referrals, billing, malpractice insurance and the disposition of client records. Another consideration is the statute of limitations on lawsuits such as a malpractice action. Many social workers currently in private practice are approaching retirement age or just aging. With increased age, the risk of illness, disability, incapacity or death increases.

Just as it is important in our own personal life, advance planning is also important in our professional life. Having a plan that is documented and addresses who to notify about the closing of the practice is a vital aspect of advance planning. Preferably, 60 days advance notice should be given to current clients, former clients, managed care companies, professional liability insurance companies and other third party payers. Social Workers or their designated representatives should also review their contracts with managed care companies or third party payers to identify any notice of termination procedures. It is also good practice to provide clients with referrals to three other practitioners. The clients should be given the credentials of those practitioners, and request a "release of privacy information" to facilitate referrals. Social Workers who are able may want to write a closing summary for each client including progress toward treatment goals, transfer plans, and future recommendations to ease the transition to a new practitioner.

Social Workers may also need to arrange for retention or disposition of client records. Maine is not one of the 27 states that have recorded retention laws that specifically address records kept by social workers. ME ADC 10-144 CH 112, Ch.XII, §XII.B **"Records shall be preserved, either on paper or by other electronic/optical means, for a period of seven (7) years. If the patient is a minor, the record must be retained for at least six (6) years past the age of majority."** Another guideline that social workers may wish to consider is the effect of the statute of limitation. A statute of limitation specifies the period of time that a plaintiff has to bring a lawsuit such as a malpractice action. In Maine, the statute of limitation for medical malpractice is 3 years. For a minor, it is within 6 years or within 3 years after reaching the age of majority.

Social Workers need to communicate with their malpractice insurance agencies regarding their retirement plans. It is prudent for social workers to maintain the extended liability coverage after retirement or closing of their practice because former clients may sue at any time.

In the case of a death of a social worker estate law controls how to manage the deceased affairs. In Maine, Title 18 Decedent's Estate and Fiduciary Relations and Title 18A Probate Code govern the management of the deceased affairs. Generally, an executor, administrator or personal representative has the authority and duty to administer the deceased social worker's estate. Social Workers may consider making arrangements in a professional will, ensuring a smooth transition of services for clients, and appropriate guidance for the individual designated to close the practice.

Continued on page 9...

President's Column *continued*, Gail Wright, LCSW

In preparing a professional will consider doing the following:

- Seek legal counsel and discuss options for the disposition of your practice with an attorney skilled and experienced in mental health law.
- Prepare a professional will that includes direction for your solo or group practice including instructions on how to access client records and how business related expenses should be paid.
- Select an appropriate colleague or designee familiar with the requirements of client confidentiality to handle the transfer or closing of client matters.
- Make a list of referrals for clients to receive on-going services in the event you are unable to continue providing services.
- Make provisions for the disposition of the client records, including identification of a storage place.
- Keep all records and claims up to date.

The National Association of Social Workers has available brochures, sample forms, and other helpful information regarding closing of a social work practice. This is just another benefit of membership in NASW. For more information, go to <http://www.socialworkers.org> Advance planning is a good practice in both your personal and professional life.

Gail A Wright, LCSW, C-ASWCM, President, Maine Chapter, NASW

Annual Conference Request for Proposals

NASW is seeking proposals for course offerings at our 2012 Annual Conference. The Annual Conference will be held in October of 2012.

The criteria for this year's proposals has changed. By May 1st, 2012 we will need a 1-2 page description of your proposed two CE presentation, your CV, your specific AV needs and your indication that you are presenting under the following TERMS:

- Presentations must be two or four hours in length. Four hour (4 CE) presentations will take up both the morning and afternoon sessions. Presenters of four hour classes are guests of NASW for the breakfast plenary and the Annual Awards Luncheon.
- Presenters who are only available for half of the day, either morning or afternoon, will notify us at the time their proposal is submitted.
- All two hour presenters will be granted admission to the conference for the reduced rate of \$120.00, minus a \$90.00 credit per presentation given at the conference. Examples: one presenter who presents for 2 hours will register for \$30.00. Two co-presenters offering a single 2 hour presentation will register for \$120.00 - \$45.00 = \$75.00 each, or a total of \$150.00. Three presenters would split the \$90 credit 3 ways. A single presenter who offers morning and afternoon presentations will receive admission to the conference and free breakfast and lunch on the day of the conference.
- Presenters will supply NASW Maine Chapter with an electronic copy of your presentation (outline or power point) by September 1st. No changes will be allowed after that date. We are "going green" and will supply conference attendees with your presentations on a thumb drive. If you cannot do this by September 1st, you will be asked to bring 75 copies of the material you wish to share to the conference for participants of your presentation.
- In response to requests of last year's attendees, we are seeking some specific topics at this year's conference. Preference will be given to presentations dealing with: topics in **non-profit and agency administration, autism and autism spectrum disorders, social work and end of life care, ethics topics, working with LGBT clients topics, social workers and self-care, setting up a successful private practice.**

More News you can use from the National Office:

Release of Records and Client Privacy

By Sherri Morgan, Associate Counsel, LDF and Office of Ethics and Professional Review
and Carolyn I. Polowy, NASW General Counsel

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Introduction

Social workers who receive a request for client records from a third party or a subpoena will have a number of questions. These may reflect concerns regarding the client's privacy, the social worker's obligations and/or rights, potential liability, the social worker's role in responding to clients' legal matters and questions concerning the scope of the request, such as:

- Am I allowed or required to release the client's information?
- How much information must I disclose?
- What type of client information should be released?

This Legal Issue of the Month article will address questions related to making well-reasoned decisions when responding to requests for confidential client information. This review does not address situations where the social worker is the target of a lawsuit or complaint. To read the article in its entirety, please visit:

Release of Records and Client Privacy https://www.socialworkers.org/ldf/legal_issue/2011/102011.asp

Clinical Supervision & Consultation Services

Jane M. Vachon, MSW, LCSW

Enhancing Clinical Practice

FREQUENTLY ASKED QUESTIONS:

- Q** Why obtain Clinical Supervision? Consultation?
- A** Clinical Supervision is for LMSW-cc who's career goal is to obtain their LCSW. Clinical Supervision or Consultation is for those LCSW's who feel isolated in their practice.
- Q** What should I expect if I obtain Clinical Supervision or Consultation from you?
- A** You can expect to find a very supportive & experienced clinician who will meet your clinical needs. You may request one or more sessions depending on your needs.
- Q** Where will we meet?
- A** I am willing to come to you if you have an office space. If not, we will work out a mutually agreeable location to meet .

I have over 40 years of social work and counseling experience, and over 13 years of providing clinical supervision to both LMSW-cc and LCSW in both medical and residential settings. I received my Master of Social Work degree from The National Catholic School of Social Service in Washington, D.C. My private practice specialty is accompanying women in transition. I also have 11 years experience in Program Administration, Quality Improvement, Training, and have created and led workshops on Mid Life Transition for Women. I recently created a workshop entitled: "What's With the Sixties?" This workshop explores the biopsychosocial and spiritual aspects of turning sixty.

Serving Clinicians in Southern Maine

FMI or Consultation: 207-317-0868 OR email: jvachon4@maine.rr.com

Branch Updates

BRANCH A, York and Cumberland Counties

Branch A Chair: Wendy St. Pierre, PhD.

Change of Venue for March: Branch A welcomes all social workers from Cumberland and York County to meet me at Famous Dave's Restaurant in Scarborough, right off the Maine Turnpike at Exit 42 for our next meeting. We will be meeting on **Wednesday March 21, 2012 from 6:00 - 7:00 p.m.** The topic of discussion will be "The State of the State of Maine". We will discuss how the current political climate is affecting the work of social workers in Southern Maine and around the state and what actions we can take to support each other. One free CEU will be available for all NASW members who attend. I look forward to seeing you there. If you have any questions about this meeting or the activities of Branch A please e-mail me at wstpierre2@roadrunner.com.

Note, Branch A will also host our (NASW) return to CE offerings, with a three credit class in April of 2012. Look for news of it in the March Newsletter.

Email Wendy at: wstpierre2@roadrunner.com

BRANCH B, Kennebec, Knox, Lincoln, Sagadahoc & Waldo Counties

Branch B Chair: Cathleen Dunlap, LCSW

On Thursday, February 16th Dr. Stephanie Muri will offer Knowing Oneself Ethically. (Gotta love those ethics CEs!!). Social workers have a professional responsibility to pause and take a periodic inventory of their professional ethics. This presentation will provide some tools for doing so, with discussion to follow.

Branch B welcomes attendees from other Branches who need Ethics credits, however, there are two provisos: Non-NASW members will be expected to pay \$15.00 for the credit in addition to their breakfast bill and we will need to inform the restaurant of additional seating needs. Therefore, please email Cathleen at: cathy@maine.edu if you are planning on joining us for the meeting this month.

Branch B meets each month for Breakfast at 7:30 a.m., always on the third Thursday of the month and always at Rebecca's Restaurant in Augusta.

Email Cathleen at: cathy@maine.edu

BRANCH C, Androscoggin, Oxford, Franklin and Somerset Counties

Branch Chair: Mariette Hanlon, LCSW

Our next scheduled meeting is **Tuesday, February 28th at 1pm**. Feel free to bring lunch. We will be continuing our work on the 7 Habits of Highly Effective People: Habit 5. Our tentative date for March is **Tuesday, March 27th at 1pm**. Please check with me on the March date.

Meetings are held at: 22 Farwell Street, Lisbon, Maine

Email Mariette at: talkwithmariette@yahoo.com

Branch Updates, continued

Branch D, Aroostook County

Heidi Rackliffe, LSW and Shirley Rush, MSW Co-Chairs

Branch D. The Branch will not be holding a meeting until March. The Branch Chairs will notify all members by email where the meeting will be held and what the topic will be.

In May, the Branch will host a meeting with Susan Lamb, the Executive Director of NASW Maine Chapter. She will be presenting a summary of the legislative changes that took place in 2012 and their impact on social work in Maine.

Email Heidi at: hrackliffe@hotmail.com Email Shirley at: shirley.rush@umpi.ed

BRANCH E, Hancock, Penobscot, Piscataquis, Washington Counties

Ken Rautiola, II, MSW Branch E Chair

Branch E. Branch E will be hosting a **(2 CE)** training on: ***Vicarious Trauma (VT), When Helping Hurts*** on **Tuesday, February 21st from 11a.m. to 1p.m.** at the DHHS office, 396 Griffin Road, Bangor, Maine. This training is intended for helping professionals who are exposed to trauma while doing their job. We will explore what VT is, who gets it, symptoms of VT, and most importantly what to do to help yourself and others who are hurt by trauma exposure. Due to the sensitive nature of traumatic material other trainees have found that it is best to be present for the entire workshop. It is recommended that you do not arrive after the training has started and you are able to stay until the end.

Elin MacKinnon, MSW, LCSW, Adjunct Faculty, University of Maine School of Social Work, Clinical Social Worker, private practice, Orono, Maine. Her areas of interest include kinship and foster care, group work, trauma, and expressive and experiential therapies. She teaches in the areas of generalist and clinical practice.

Email Ken at: Kenneth.Rautiola@maine.gov.

LGBT Meetings.

Frank Brooks, PhD., LCSW, Chair

Meetings are held at Frank Brook's office: 222 St. John Street, suite 230, in Portland. All are welcome!

2012 LGBT Issues Committee Meeting Schedule: All meetings begin at 8 a.m.

Tuesday, February 14th (V-DAY!)

Tuesday, March 13th

Tuesday, April 10th

Tuesday, May 8th

Tuesday June 12th

No meeting in July and August

Tuesday, September 11th

Tuesday, October 9th

Tuesday, November 13th

Tuesday, December 11th

You can also join us by conference call if you live too far from Portland to travel.

Email Frank at: fbrooks1@maine.rr.com

Welcome New Members

November and December, 2011

Michael Augustine, MSW-S
Michelle Dubois, LCSW, ASSOC.
Rebekah McIntyre, MSW-S
Elizabeth McKenna, MSW-S
Jeffrey Morrill, LCSW, MSW
Aisha Naimey, LCSW, MSW
Mark Ranco, LCSW, MSW

Greetings and welcome to the new members who have recently joined our chapter. You are eligible to join committees, vote, come to Board Meetings, participate in Continuing Education activities at Member Discounts and please call us to serve as resource experts for the chapter.

**AS OF THE NOVEMBER 2009 WE HAVE MOVED TO AN ON-LINE
VERSION OF THE BI-MONTHLY NEWSLETTER.**

**IF YOU CAN'T LIVE WITHOUT A HARD COPY AND WANT TO CONTINUE
RECEIVING THE NEWSLETTER BY MAIL, IF YOU HAVEN'T ALREADY DONE SO,
PLEASE SEND US A REQUEST**

**THE NEWSLETTER CAN BE VIEWED ON-LINE BY GOING TO:
www.naswmaine.org AND CLICK ON NEWSLETTER**

SAVE THE DATE

FOR THE NASW MAINE CHAPTER

2012 ANNUAL CONFERENCE

Thursday and Friday

OCTOBER 11TH & 12TH

NASW-MAINE CHAPTER BRANCHS

BRANCH A - CUMBERLAND AND YORK

CHAIR: WENDY STPIERRE

BRANCH B - KENNEBEC, KNOX, LINCOLN, SAGADAHOC AND WALDO

CHAIR: CATHLEEN DUNLAP

BRANCH C - ANDROSCOGGIN, FRANKLIN, OXFORD AND SOMERSET

CHAIR: MARIETTE HANLON

BRANCH D - AROOSTOOK

CHAIRS: SHIRLEY RUSH AND HEIDI RACKLIFFE

BRANCH E - HANCOCK, PENOBSCOT, PISCATAQUIS & WASHINGTON

CHAIR: KENNETH RAUTIOLA II

Attend Your Branch Meetings:

- **Networking opportunities!!!**
- **Earn CEs**
- **FREE for NASW members and only \$15 per credit hour for non-members.**

**NETWORK WITH
COLLEAGUES
IN YOUR AREA**

