

**Ethical Considerations For Maine Social Workers When
Conducting Child Custody Evaluations
Thursday April 8th
10:15-12:15**

Ken Lewis, PhD

This workshop is intended for those social workers who are already involved in custody evaluations and want to share their experiences in this area. It is also intended for those social workers who have an interest in children of divorce and separation and want to learn more about this exciting area of social work. Bring your questions.

Learning objectives:

1. To learn the basics of Maine's child custody law.
2. To learn how evaluations are different at the five stages of custody.
3. To learn how to focus on the child, not the adults.
4. To learn how to maximize your interview skills.
5. To learn how to maximize your observation skills.
6. To learn how to utilize the NASW Code of Ethics in your evaluations.

Biography

Ken Lewis: During the 1970's, Ken was a Professor of Social Work at several universities (Kansas Univ., Univ. of North Carolina, and Tuskegee Institute) and a Visiting Professor of Intercultural Studies at Central Washington University. For the past 25 years, he has worked full-time in the area of child custody, and has been court-appointed *guardian ad litem* or custody evaluator in more than two dozen states and in Canada. His specialties are Interstate Custody and High Conflict cases. His publications on child custody have appeared in *Family Law Quarterly*, *The Judges' Page*, *Child Welfare*, and *Children Today*. The NASW Press published his book, *Child Custody Evaluations by Social Workers* in July 2009. Ken has been a frequent media guest in the US and Canada; and he has presented at the Association of Family and Conciliation Court (Winnipeg); International Federation of Social Workers (Munich); and the International Association of Youth & Family Judges and Magistrates (Belfast).

A Discussion Of Self Injury In A School Setting

Thursday April 8th

10:15-12:15

Mary Bradgon White, LCSW & Allison Lisnik Reed, LMSW-CC

This presentation will inform its audience of current trends in self injurious behaviors.

Learning Objectives:

1. Incidence and Prevalence
2. Physical and emotional signs
3. Differences between self injury and suicidal ideation
4. Ethical dilemmas regarding reporting issues
5. Responding strategies

Biography

Mary Bragdon White, LCSW

I have been employed by SAD #1 for two years; prior to, I was employed by AMHC for 18 years. I earned my MSW in 1995 and became a LCSW in 1997. Throughout this experience, I have worked with several clients who utilized self injury as a coping mechanism.

Allison Lisnik Reed, LMSW-CC

I have been employed by SAD #1 for two years. Prior to, I was employed by Fort Fairfield IPU and New Day Counseling. I earned my MSW in 2007. I have passed the LCSW exam and expect to be credential by 2010. I have worked with numerous clients who have utilized self-injury as a coping mechanism.

Ending Poverty Thru Economic Human Rights
Thursday April 8th
10:15-12:15

Larry Dansinger BA, MA

This workshop is for social workers who really want to end poverty but don't believe current service programs will do that. The workshop will help you re-evaluate your role and think outside the box. We will analyze root causes of poverty and discuss economic human rights as a solution.

Learning Objectives:

The workshop will first ask the question of participants: "What is a truly fair and equitable society and economy? Should social workers contribute to this and, if so, how?"

1. A second question: "Why is there so much of a focus on short-term relief and services and not enough on root causes and solutions to poverty, homelessness, joblessness, inadequate health care, etc.?" What have social workers done or could do to change that dynamic?
2. And a third question: Whose fault is it when people live in poverty--where does the fault lie? How much is it with the person, or the social structure, or both, or something else?
3. Then we will analyze the issue of poverty and its side effects (homelessness, etc.), its root causes, and how economic human rights could be a solution. We'll talk about how to rebalance short term vs. long term needs and financial priorities for the funds that come to programs that employ social workers.
4. Followed by a summary of current efforts to promote economic human rights in Maine. What is being done, what could be done, and who is doing it?
5. What is the role of social workers in supporting efforts to establish economic human rights for all Maine people? Can you do this within your job situation and description, and/or can you do it outside that structure?

Biography

Larry Dansinger: I have worked in Maine for 35+ years with grassroots groups to understand root causes of problems and create REAL solutions (not bandaids) to them. Means must be consistent with ends; poverty must end for all, not just some. Insuring economic human rights, I believe, can accomplish this.

Using Cognitive Behavior Therapy To Help Couples And Families
Thursday April 8th
10:15-12:15

Catharine MacLaren, PhD., LCSW CEAP. SAP qualified

Cognitive Behavioral Therapy (CBT) has proven to be effective in helping address many of the problems that bring couples and families to counseling. Assessment considerations, goal-setting, and interventions will be discussed with handouts and case examples to enhance understanding of the application of CBT to these problems.

Learning Objectives:

1. Participants will have the opportunity to learn how to use a CBT framework to assess problems presented by couples and families.
2. Participants will be provided with information on how to implement goal setting strategies and methods of change.
3. Participants will review best practice interventions to use with various presenting problems.
4. Participants will have a chance to discuss the ethical implications of using an evidence-based treatment for work with the populations they serve.

Biography

Catharine MacLaren, Ph.D., LCSW, CEAP, SAP qualified is the Director of Operations of Affiliated Employee Assistance Program (EAP) in Portland, Maine and the Director of the New England Center for Rational Emotive and Cognitive Behavior Therapy. She is a certified supervisor and trainer of the Albert Ellis Institute and has trained hundreds of professionals and students. She co-authored *Rational Emotive Behavior Therapy: A Therapist's Guide*.

Finding Your Voice Through Creative Writing
Thursday April 8th
1:45-3:45

Judy Maloney, LCSW

If you want to write but don't know how to get started, this workshop will afford the basics. Through a combination of guided exercises, shared interaction and writing prompts. I'll share what I've learned, what's inspired me and practical tips so that you can WRITE NOW!

Biography

Judy Maloney has been published in the "Lives" section of the New York Times and is included in an anthology by Reck House Press that was released in October, 2009. For many years she's worked with grass roots social work organizations. For the last twelve years she's worked in public schools and in private practice.

Learning Objectives:

1. Identify genres of writing and what you'd like to try
2. Set up a structure to welcome writing into your life
3. Continue working on what you've begun in the session
4. Generate ideas on what you'd like to write about
5. Find resources to seek future study

Family Culture And Ethical Boundaries In Home And Community Based Treatment

Thursday April 8th

1:45-3:45

Genevieve Gardner, LCSW, Jeremy Brown, MSW Intern, & Heather Borst LMSW-CC

Abstract: This presentation will explore the concept of cultural competency and ethical boundaries while working in home and community based treatment. We will examine how social workers can navigate ethical conundrums while sustaining respect for family cultural values. We will present case studies and look at skill sets and tools that may be useful towards this necessary effort.

Learning objectives:

1. How family cultural, ethical boundaries, the importance of human relationships, cultural awareness, and social diversity are significant in shaping the skills we bring to our work as in-home clinicians.
2. We will discuss tools that we can develop and use to ensure that we are remaining ethically responsible as well as culturally sensitive to our families while understanding and exploring our own values.

Biography

Genevieve Gardner, LCSW, MBS

Genevieve Gardner is the Clinical Director for Connections for Kids in Westbrook, Maine. She attended graduate school in New York City and completed her second Master's Degree in Maine. She has worked extensively with children in residential, in-home, and in acute psychiatry settings.

Heather Borst, LMSW-CC

Heather Borst is the Clinical Coordinator at Connections for Kids in Westbrook, Maine. She brings over 8 years of experience in the social services field. Heather's areas of expertise include working with adults, families, and teens. She lives in Portland, Maine with her two dogs.

Ethical Treatment Of Bariatric Surgery Patients

Thursday April 8th

1:45-3:45

Jana Harbaugh, LCSW

Understanding the process of Bariatric surgeries, the requirements, and the long term commitments necessary for success, clinicians can learn better ways to more effectively and ethically treat patients with Metabolic Disorders. Participants will learn the difference between eating disorders and metabolic disorders and increase their skill level in working with patients.

It is critical that clinicians providing treatment to patients going through or considering Bariatric surgery have accurate information about the process of surgery, as well as understanding of the Metabolic Disease. The emotional and psychosocial aspect of Bariatric surgery is as impact as is the physiological change provided by the surgery. Clinicians must be ethically informed and educated to empower long term success.

1. Knowledge of the top three types of Bariatric Surgery offered and how these surgeries work to create weight loss
 - a. Roux-En-Y Gastric Bypass
 - b. Laparoscopic Gastric Banding
 - c. Sleeve Gastrectomy
2. Understanding the critical difference between Eating Disorders and Metabolic Disorders
3. Clinical guidance on effective selection and preparation process for potential surgical candidates
4. Understanding of the Multidisciplinary Team and the effective coordination between members for the long term success of the patient

5. Key therapeutic points for clinicians to attend to with their Bariatric patients
 - a. Cross-addiction
 - b. Long term follow up
 - c. Abstinence

Biography

Jana Harbaugh, LCSW is the Bariatric Clinical Social Worker for the Maine Medical Center's Bariatric Surgery Program. In addition to being a professional, she is also a patient of this program. Prior to working with Bariatric patients, Jane worked for 12 years for Community Counseling Center in Portland in various clinical and

administrative positions, and for 18 months as the Director of Mental Health Services at the YWCA as it was closing down its community wide services.

Ethics And End Of Life Considerations For The Case Manager
Thursday April 8th
1:45-3:45

Angela Fileccia, LCSW & Courtney Mishou, BSW

The National Alliance of Mental Illness (NAMI) found that people with mental illness have a life expectancy 25 years shorter than the general population. Maine's population continues to age while overall health problems increase. While these facts have an impact on individuals and communities, this also impacts the field of case management. Services a case manager may be called upon to provide including completing advance directives or living will, exploring with clients how to begin a mortuary trust or even helping clients determine who might clean out the apartment after their passing. This presentation will train case managers on these practical steps as well as explore ethical standards and dilemmas relevant to case managers' work in this area.

Biography

Angela Fileccia, LCSW earned a Bachelor's Degree in Psychology from DePauw University in Greencastle, IN and went on to complete a Master's in Social Work from the University of Maine, Orono. She is currently a member of the Maine Development Foundation's Leadership Maine Program. She has worked as a clinician at Elkhart General Hospital in Elkhart, IN, counseling patients and families on end of life issues. As the clinical supervisor of OHI, she supervises a team of case managers and oversees case management services for almost 150 clients.

Courtney Mishou, BSW earned a Bachelor's Degree in Social Work from the University of Maine, Orono. She previously interned at St. Joseph's Hospital as a discharge planner and worked with patients and families to discuss end of life care. Courtney currently works as a case manager for OHI where she continues to support individuals with decision making and end of life care decision making.

Ethical Action In Challenging Times
Friday April 9th
10:00-12:00

Kim Strom-Gottfried, PhD, LISW

From baseball fields to board rooms, the news is filled with examples of lapses in ethical conduct. Many of today's scandals were years in the making. How did they get this far without anyone standing up to say, "This is wrong."? Could well-intentioned people, acting with moral courage, have affected the course of events before they got out of hand?

This program is intended to assist participants in becoming change agents in behalf of ethical principles. Participants will learn about moral courage and exemplars in ethical action drawn from a variety of fields. After a review of concepts and opportunities for ethical action, participants will discuss complex case dilemmas to determine options for addressing vexing ethics challenges and how to employ tools for effective "ethical activism".

Learning Objectives:

1. Learn about moral courage, role models for moral courage, and the barriers to acting ethically.
2. Learn eight tools that can assist change agents in standing up for ethical principles.
3. Learn, through discussion, options for ethical decisions in an array of cases and how the eight tools might assist in enacting those decisions.
4. Know about resources for further information on ethics.

Biography

Kim Strom-Gottfried, PhD, LISW

Kim-Strom-Gottfried received her BSW from the University of Maine, her MSW from Adelphi University and her Ph.D. from Case Western Reserve University. She is the Smith P. Theimann Jr. Distinguished Professor of Ethics and Professional Practice at the University of North Carolina, Chapel Hill, where she teaches in the areas of direct practice, communities and organizations, and human resources management. Dr. Strom-Gottfried is an active scholar, trainer, and consultant in the field of ethics. She has written numerous articles, monographs, and chapters on the ethics of practice. She is the author of *Straight Talk about Professional Ethics* and *The Ethics of Practice with Minors: High Stakes and Hard Choices*. Dr. Strom-Gottfried is also the co-author of the texts *Direct Social Work Practice* and *Teaching Social Work Values and Ethics: A Curriculum Resource*. Dr. Strom-Gottfried currently holds an appointment as the UNC

Institute for Arts & Humanities Associate Director for the Academic Leadership Program, which helps prepare and support the next generation of academic leaders.

Understanding and Meeting The Needs of Human Trafficking Victims

Friday April 9th

10:00-12:00

Arian Giantris, MA & Destie Hohman Sprague, MA

This presentation on “Understanding and Working with Human Trafficking Survivors,” will provide social workers with information on the definition of human trafficking, how to identify a potential victim of human trafficking, the services in place for client assistance in Maine, and the need for confidentiality and safety planning for clients and providers.

Learning Objectives:

1. Understanding the problem of human trafficking
2. Identifying victims of human trafficking and meeting the needs of trafficking victims

Biography

Arian Giantris, is the Director of Refugee & Immigration Services (RIS) for Catholic Charities Maine. Prior to joining RIS, Arian served as the Human Anti-Trafficking Advisor to USAID in Albania. Arian has over 15 years of experience in the field to eliminate violence against women. She has a Masters of Science in Social Policy and Planning from the London School of Economics.

Biography

Destie Hohman Sprague, Program Director for the Maine Coalition against Sexual Assault, works in support of Maine’s nine sexual assault support centers, bringing training, resources, and peer sharing opportunities to providers across the state. Destie previously served as the Outreach Director for the Children’s Alliance of New Hampshire. Destie has a MA in Public Policy from the New England College.

**The Ethics Of Early Detection And Treatment Of Psychotic Disorders:
Prospective Diagnosing And Family Involvement In Treatment
Friday April 9th
10:00-12:00**

Katrina Benjamin, LCSW, Karen Martin, LCSW & Jessica Pollard, PhD

There is growing evidence that psychotic disorders can be predicted accurately prior to onset and treatment may prevent emergence of active illness. International recommendations for this population include family involvement in treatment. The ethics of diagnosing prospectively and the family roles will be discussed. Multifamily Group Psycho education (MFG) will be presented in detail.

Biography

Katrina Benjamin is a clinical social worker employed 11 years at Acadia Hospital. She has worked for Inpatient Services, Mental Health, Intensive Outpatient, and Psychology Services Aware Program. She received her Masters in Social Work from the University of Maine in 2004. Interests include body oriented therapy and CBT.

Karen Martin is a clinical social worker employed 5 years at Acadia Hospital. She has worked for Substance Abuse Services, Mental Health Intensive Outpatient Program, Consult team and Aware Program. She received her Masters in Social Work from the University of Maine 2004. Professional areas of interest include prevention and trauma.

Jessica Pollard, PhD is a licensed clinical psychologist at The Acadia Hospital. Dr. Pollard leads the multidisciplinary Aware Program team in assessment, treatment, and research of those at risk for psychosis (prodrome), and in the early stages of psychotic illnesses (first episode psychosis).

**Cultivating Knowledge and Skills In Cultural Competence Through
Interviewing Human Services Providers In Southern Maine**

**Friday April 9th
10:00-12:00**

**Otrude Moyo, PhD, MSW
Student Panel**

This workshop will share a project undertaken by students and instructor in the course *Social Work with Immigrants, Refugees and Asylum Seekers* at USM. The intention of the project was to explore using interviews with human service providers about the approaches used in service delivery efforts with ‘new immigrants’ in southern Maine, specifically, understand how select human service agencies incorporate the concepts diversity and cultural competence in agencies and service delivery efforts. The workshop will share some of the emerging approaches to incorporating *cultural competency* and *diversity* in human service delivery

Learning Objectives:

1. Share some of the practice approaches social workers use with immigrants, refugees and asylum seekers
2. Share some of the emerging approaches to incorporating cultural competency and diversity
3. Engage a discussion of the concept “cultural competency” and its significance in service delivery.

Biography

Otrude N. Moyo: I am currently an assistant professor at the school of social work, University of Southern Maine. I teach social policy, social welfare, and diversity classes. The unifying ideas of my scholarship include issues related to social work education, social policy within the realms of community and international social work. My scholarship engages a broad range of theoretical issues using ethnographic methods. A central theme running throughout my work is the broad concerns of human well being (social welfare) within changing political economics. I am concerned about worldwide inequality, exclusion, and social injustice.

I have had the opportunity to teach social work in various parts of the world and the concern about the path that the social work profession has taken along the lines of managerial and business models’ is causing disquiet among practitioners and social work students alike. The principles of business such as efficiency, calculability,

predictability, and control of practice work best in organizations that produce tangible outputs at a profit but increasingly these principles applies in non-profit sector agencies where most outcomes require intangibles such as 'professional relationship and building trust'.

**So You Want To Be A Guardian Ad Litem?
Ethical Conundrums For The Social Worker
Friday April 9th
1:45-3:45**

Dana E. Prescott, Esq., LMSW & Lori Pelletier, LSW, GAL

Increased rates of family dislocation have generated more complex child custody litigation. When parents are in conflict, guardian's ad litem (GALs) are often appointed by a judge to provide assessment and recommendations concerning parental rights and responsibilities and the "best interest of the child". Over the past decade, many more Maine social workers have taken the certification course necessary to perform that role within the judicial system. The NASW Code of Ethics, as adopted by Maine's Social Work Licensing Board, are often quite different in practice and duty from the GAL Rules adopted by the Maine Supreme Judicial Court. This seminar is intended to explore traps and best practices when licensed social workers are appointed to act as GALs in child custody litigation.

Learning Objectives:

1. To provide attendees with an historical understanding of the development of the role of GALs in Title 19-A family law cases, including ethical/legal duties and quasi-judicial immunity/liability.
2. To compare and contrast the NASW Code of Ethics and the GAL Rules, and most specifically provisions related to "who is the client", confidentiality and evidence-based practices.
3. To encourage best practices when performing GAL functions, including a. clear disclosure of the authority and limits of the role; b. child interview obligations and techniques; c. interaction from third party professionals like therapists and teachers; and d. respect for cultural and social-economic differences.
4. To improve report writing for the court by exploring "do's" and "don'ts".
5. To improve understanding of court testimony and best practices in the courtroom, including testifying, examining witnesses, and the rules of evidence.
6.
To provide information concerning billing practices for GALs.
7. To improve the attendees understanding of complaint procedures for GALs and how to self-protect.

Biography

Dana E. Prescott holds a BA (1980), JD (1983), and an MSW (2005). In 1983, Dana was licensed to practice law in Maine and Massachusetts and in 2005 he became an LMSW in Maine. He is a Fellow of the American Academy of Matrimonial Lawyers and he has maintained a private practice for more than 26 years, representing parents and children. His mailing address is Prescott Jamieson, Nelson & Murphy, LLC, PO Box 1190, Saco, ME 04072, 207-282-5966, dana@southernmainelaw.com

Lori Pelletier holds a BS in Social Work, and is a licensed MSW. Lori has been appointed by Maine courts as a GAL in hundreds of cases. In that capacity, she has extensive experience conducting investigations, writing reports, and testifying concerning her recommendations concerning the best interests of children.

**Best Social Work Practice With Lesbian, Gay, Bisexual, And Transgender
(LGBT) People Across The life Course.**

Friday April 9th

1:45-3:45

Franklin Brooks, PhD, LCSW

This workshop will create a forum for discussion of best practices with lesbian, gay, bisexual, and transgender (LGBT) people. There will be a review of the NASW Code of Ethics-based Policy Statements on LGBT Issues, a brief review of literature-based best practices, as well as an opportunity for discussion of new and innovative practices. A focus will be on creating a resource list for Maine social workers to utilize when seeking information and practice guidance when working with these populations.

Learning Objectives:

- 1) Participants will learn about the origins of best practices with LGBT people within the NASW Code of Ethics and the NASW Policy Statements on LGBT Issues.
- 2) Participants will be able to better understand the complexities surrounding LGBT persons' social, psychological, and emotional development and its impact on social work practice.
- 3) Participants will participate in the development of resource materials that will be available to all Maine NASW members concerning best practices with LGBT people

Biography

Frank Brooks: Frank Brooks is chair of the NASW Maine Chapter Lesbian, Gay, Bisexual, and Transgender Issues Committee. Has a private practice in Portland and is currently adjunct faculty for the Graduate School of Social Work at Boston College's Maine Program.

Advocacy And Social Work Ethics
Friday April 9th
1:45-3:45

Susan Bartlett, LCSW, Marcia Cooper

In this session, Marcia and Sue will focus on social work's core value of social justice, and a social worker's ethical responsibilities to the broader society: "Social workers should engage in social and political action that seeks to ensure that all people have equal access to the resources, employment, services and opportunities that they require to meet their basic human needs and to develop fully". This presentation will also focus on the value of the Dignity and Worth of the Person and the ethical principle that Social Workers seek to enhance client's capacity and opportunity to change and to address their own needs (self-determination).

Learning Objectives:

1. Participants will learn how the Social Work Code of Ethics supports advocacy at the individual level and for public policy change.
2. Participants will review the historical implications of prior deinstitutionalization reforms and will consider their relevance for current and future life choices for people with disabilities.
3. Participants will learn how to advocate for individuals with disabilities in a respectful way and will learn more about themselves and their attitudes towards disability.

Biography

Sue Bartlett, LCSW, CRC is the Vice President of Development and Contracting for Lakeview NeuroRehabilitation Center in New Hampshire and Lakeview Specialty Hospital and Rehabilitation in Wisconsin. Sue directs new development initiatives and supervises outreach, clinical liaisons, admissions, and contracting for these facilities and affiliated community based programs. Sue is the Co-chairperson for the Maine Extension of the Case Management Society of America. Sue is the Chairperson of the National Association of Social Workers, Maine Chapter, for Cumberland and York Counties. Sue has been actively involved with brain injury rehabilitation and case management since 1983. Sue graduated with a Masters Degree in Social Work from the University of California at Berkeley in 1983. She became a Certified Rehabilitation Counselor in 1991.

Biography

Marcia Cooper

Marcia has been an advocate for individuals with brain injuries and their families since 1992. In the past several years she has placed an emphasis on legislative advocacy. 'Public Policy is not only about what people with disabilities "get" it is critical to insure opportunities for all people to be able to contribute and be equal members of our communities with rights and responsibilities'. Marcia believes that when stigma is a barrier, we waste valuable human potential, like other civil rights struggles, for women and people of color. These changes have taken time and require strong voices of people willing to be ahead of their times. Disability includes children, women, men, and elders. We will be speaking for everyone when we advocate and educate. Marcia was awarded the 2009 Helen M. Bailey Advocacy Award.

Ethical Practice And New Technology

Friday April 9th

1:45-3:45

Gail Wright, LCSW

When venturing into new frontiers there are unknowns, misperceptions, ambiguities, and false experts, misdirection, exciting opportunities, unparalleled challenges, and extraordinary potential for growth and development or disaster and disgrace. How to keep the positive side of leaving your comfort zone requires self awareness, knowledge of ethical behavior and courage to be responsible for our own actions.

This presentation will review a range of new technologies and the ethical practices recommended by the NASW Code of Ethics. There will be a review of the risks associated with new technologies and suggested practices to manage these risks.

Learning Objectives:

1. Have a working knowledge of new technologies and ethical social work practice standards
2. Understand how to apply ethical social work practice to new technologies
3. Understand how to recognize ethical social work practice risks when using new technologies.

Biography

Gail A. Wright

Mrs. Wright earned her Master Preceptor status in Home Telehealth from the Department of Veteran's Affairs in 2005. She is nationally recognized content expert in telehealth providing content and review of educational curriculum for both the Sunshine Training Center for Home Telehealth and the Rocky Mountain Training Center for General Telehealth and Store and Forward Telehealth.